

Monday

NO SCHOOL TODAY

Tuesday

Wednesday

Thursday

04/01/2024

Chicken Burrito Bowl

w/Black Beans & Corn
Chickenless Burrito Bowl
w/Beans and Corn (V/VG)
Apples
Choice of Milk

04/03/2024

Turkey Club Sandwich w/ Provolone Cheese Veggie Club Sandwich (V) Romaine, Corn & Tomato Salad Bananas Choice of Milk Turkey Bolognese WG Pasta w/Parmesan Veggie Bolognese WG Pasta w/Parmesan Fresh Tangerines Choice of Milk Breaded Chicken Nuggets Veggie Chicken Nugget(VG) Tangy Salad w/Carrot, Celery & Yogurt Dress.(V) Ketchup (ss)

Friday

Fruit Punch Juice Choice of Milk

04/08/2024

Jerk Chicken & Brown Rice Jerk Chicken Meatless & Brown Rice (V/VG) Roasted Sweet Potatoes Apples Choice of Milk 04/09/2024

04/02/2024

WW Turkey Tacos Al Pastor WW Veggie Tacos Al Pastor (V/VG) Pico de Gallo w/ Tomatoes & Onions Fresh Pears Choice of Milk 04/10/2024

Chicken Alfredo WG Penne Pasta Veggie Alfredo Pasta (V) Steamed Broccoli Cranberry Juice Choice of Milk 04/11/2024

04/04/2024

Creamy Cilantro Lime Chicken WW Burrito Veggie WW Burrito (V) Chili w/ Black Beans, Corn & Tomato Fresh Oranges Choice of Milk 04/12/2024

04/05/2024

Cheese Lunch Pizza w/
Chicken & Beef Pepperoni
WG Cheese Pizza (V)
Garlic Parmesan
Potato Wedge
Bananas
Choice of Milk

04/15/2024

NO SCHOOL TODAY

04/16/2024

NO SCHOOL TODAY

04/17/2024

NO SCHOOL TODAY

04/18/2024

NO SCHOOL TODAY

04/19/2024

NO SCHOOL TODAY

04/22/2024

Chinese Chicken Fried Rice w/Corn,Peas, G Beans Chicken Meatless Fried Rice w/Corn,Peas, G Beans Apples Choice of Milk 04/23/2024

BYO Scoop Nachos w/Cheddar Sauce Cup BYO Scoop Veggie Nacho(V) Black Beans w/ Tomato & Corn Salad Fruit Punch Juice Choice of Milk 04/24/2024

Chicken Salad WW Sandwich Veggie Salad Sand. (V) Baby Carrots Ranch Dressing (ss) Fresh Pears Choice of Milk 04/25/2024

Chili Flavor Meatless Tomato Macaroni (V/VG) Chili Flavor Turkey Tomato Macaroni Fresh Tangerines Choice of Milk 04/26/2024

Golden Crispy Chicken Tenders Breaded Veggie Tender-VG Roasted Broccoli & Cauliflower Medley WG Biscuit Ketchup (ss) Bananas Choice of Milk

04/29/2024

Tomato N' Cheese Pasta(V) Grape Juice Choice of Milk 04/30/2024

Chicken Enchiladas Veggie Enchiladas (V) Garlic Roasted Potatoes Fresh Pears Choice of Milk 05/01/2024

Chicken Burrito Bowl w/Black Beans & Corn Chickenless Burrito Bowl w/ Beans and Corn (V/VG) Apples Choice of Milk 05/02/2024

Turkey Club Sandwich w/ Provolone Cheese Veggie Club Sandwich (V) Romaine & Tomato Salad Fresh Oranges Choice of Milk 05/03/2024

Breaded Chicken Nuggets
Veggie Chicken Nugget(VG)
Tangy Salad w/Carrot,
Celery & Yogurt Dress.(V)
Ketchup (ss)
Bananas
Choice of Milk

Available Choice of Milk: Unflavored 1% milk, unflavored skim milk, Lactose Free or Soy (Upon Request)

** Denotes meals only for K to 8th

<u>Locally Grown Components Daily Served:</u> According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (WV/PA),Sweet Potatoes (NC), Collards Green (NC),), Broccoli (NC), Lettuce (NY), Spinach (NC), Potatoes (PA/VA), Tomato (VA/MD).

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request. WG = Whole Grain WW = Whole Wheat

Please reach out to us if you have questions or comments at menu@luncherasdisi.com

Mar 12, 2024