## Spring/Early Fall - LUNCH HHFKA K-8 (age 5-13)



Monday

**Tuesday** 

Wednesday

**Thursday** 

**Friday** 

07/05/2024

07/01/2024

Chili Flavor Turkey Tomato Macaroni Chili Flavor Meatless Tomato Macaroni (V/VG) Fresh Pears Choice of Milk

07/02/2024

Turkey Breast Sandwich w/ Provolone Cheese Veggie Club Sandwich (V) Kale Salad w/ Cucumber & Tomatoes (V/VG) Fresh Tangerines Choice of Milk

07/03/2024

WW Turkey Tacos Al Pastor WW Veggie Tacos Al Pastor (V/VG) Black Beans, Corn & Tomato Salad Sour Cream (ss) Fruit Punch Juice Choice of Milk

NO SCHOOL TODAY

NO SCHOOL TODAY

07/08/2024

Tomato N' Cheese Pasta(V) Apples Choice of Milk

07/09/2024

Chicken Caesar WW Wrap Chicken Meatless Caesar WW Wrap (V) Celery Sticks Fruit Punch Juice Choice of Milk

07/10/2024

WW Chicken Faijtas Ck. Meatless Faijta(V/VG) Bean Dip Sweet Corn Sour Cream (ss) Fresh Pears Choice of Milk

07/11/2024

07/04/2024

Apple Provolone & Turkey WW Sandwich Apple Provolone WW Sandwich (V) Carrots Sticks Ranch Dressing (ss)

07/12/2024

NO SCHOOL TODAY

07/15/2024

Chicken Parmesan Ck. Meatless Parmesan(V) Steamed Brown Rice Sweet Creamy Coleslaw Fresh Pears Choice of Milk

07/16/2024

Creamy Cilantro Lime Chicken WW Burrito Veggie WW Burrito (V) Broccoli Florets Fresh Tangerines Choice of Milk

07/17/2024

**BYO Turkey Nachos** BYO Meatless Nachos Chili w/ Black Beans. Corn & Tomato Sour Cream (ss) Bananas Choice of Milk

07/18/2024

Chicken Salad WW Sandwich Veggie Salad Sand. (V) Celery Sticks Ranch Dressing (ss) Apples Choice of Milk

Fresh Tangerines Choice of Milk

07/19/2024

NO SCHOOL TODAY

07/22/2024

NO SCHOOL TODAY

NO SCHOOL TODAY

07/23/2024

NO SCHOOL TODAY

NO SCHOOL TODAY

07/24/2024

07/31/2024

NO SCHOOL TODAY

07/25/2024

NO SCHOOL TODAY

07/26/2024

NO SCHOOL TODAY

07/29/2024

07/30/2024

NO SCHOOL TODAY

08/01/2024

NO SCHOOL TODAY

08/02/2024

NO SCHOOL TODAY

Available Choice of Milk: Unflavored 1% milk, unflavored skim milk, Lactose Free or Soy (Upon Request)

\*\* Denotes meals only for K to 8th

Locally Grown Components Daily Served: According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (MD/PA/VA), Watermelon (DE), Sweet Potatoes (NC), Broccoli (MD/PA/DE), Kale (MD/NC), Tomato (DE/MD), Onions (VA/ MD), Potatoes (VA/DE/MD), Cabbage (NC,PA/VA, Green Beans (VA/DE), Cucumbers (VA/MD/PA/NC), Spinach (NJ/MD), Cauliflower (MD/PA).

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request. WG = Whole Grain WW = Whole Wheat

Please reach out to us if you have questions or comments at menu@luncherasdisi.com

Jun 10, 2024