

Luncheras Di Si

Meal Group Contribution Report

The Children's Guild- DC - K-8 Grade- Breakfast

HHFKA-Breakfast-K-8 (age 5-13)

Monday 02/03/2025

Cheerios

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991380	Cereal Cheerios MULTIGRAIN (28gr)	28 gr			1.000	1.000			1.000
991346	Yogurt Yoplait 4oz	4 oz		1.000		1.000			
307	APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total				1.000	1.000	2.000	1.000	2.000	1.000

Tuesday 02/04/2025

Apple Caramel Bread Pudding

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991332	V-Apple Caramel Bread Pudding	1 serving		0.500	1.000	1.500			1.000
990708	Fruit Punch, Juice - (1 Cup - 2 juices)	(2 HC)					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total				0.500	1.000	1.500	1.000	2.000	1.000

Wednesday 02/05/2025

WG Biscuit & Cheesy Scramble eggs

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
992456	V- WG Biscuit & Cheesy Scramble eggs	serving		2.500	1.000	3.500			1.000
990949	V/VG- Jelly	14 gr							
991006	Banana - 1 cup (2 Bananas)	2 Bananas					1.000		
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
231	MILK,Skim	8 fl. oz.						1.000	
Total				2.500	1.000	3.500	1.000	2.000	1.000

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The Children's Guild- DC - K-8 Grade- Breakfast

HHFKA-Breakfast-K-8 (age 5-13)

Thursday 02/06/2025

WG Chocolate Chip Pancakes

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991372	V- WG Chocolate Chip Pancakes-(Krusteaz)	2 pancakes			2.000	2.000			2.000
990919	Syrup Maple (ss)	42.5 gr							
991024	ORANGES (2 oranges 113-125 ct) - 1 Cup	cup					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total					2.000	2.000	1.000	2.000	2.000

Friday 02/07/2025

Muffin

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
192	V-WW Sweet Potato Muffin	serving			1.000	1.000			1.000
90	PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total					1.000	1.000	1.000	2.000	1.000

Monday 02/10/2025

UBR

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
990668	V- Cinnamon Soft Round Granola Bar	2.2 oz			2.000	2.000			2.000
990708	Fruit Punch, Juice - (1 Cup - 2 juices)	(2 HC)					1.000		
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
231	MILK,Skim	8 fl. oz.						1.000	
Total					2.000	2.000	1.000	2.000	2.000

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Meal Group Contribution Report

The Children's Guild- DC - K-8 Grade- Breakfast

HHFKA-Breakfast-K-8 (age 5-13)

Tuesday 02/11/2025

WG Froot Loops Waffles

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
992805	V- WG Froot Loops Waffles	2.64 oz			2.000	2.000			2.000
991123	Syrup Maple SS Sugar Free	32 gr							
992551	TANGERINES,FRESH - (1 cup - 2 Tangerines)	2 (150ct p/cs)					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total					2.000	2.000	1.000	2.000	2.000

Wednesday 02/12/2025

WG English Muffin & Egg Patty

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
992347	V- WG English Muffin w/ Egg Patty & Cheese	serving		1.500	1.750	3.250			1.750
90	PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup					1.000		
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
231	MILK,Skim	8 fl. oz.						1.000	
Total				1.500	1.750	3.250	1.000	2.000	1.750

Thursday 02/13/2025

WG Cinnamon Roll

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991425	WG Cinnamon Roll Freezer to Oven	3 oz			2.000	2.000			2.000
307	APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup					1.000		
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
231	MILK,Skim	8 fl. oz.						1.000	
Total					2.000	2.000	1.000	2.000	2.000

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The Children's Guild- DC - K-8 Grade- Breakfast

HHFKA-Breakfast-K-8 (age 5-13)

Tuesday 02/18/2025

Yogurt & Granola

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991204	Yogurt Yoplait & Granola (V)	4oz Yg/1oz Gran		1.000	1.000	2.000			1.000
307	APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup					1.000		
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
231	MILK,Skim	8 fl. oz.						1.000	
Total				1.000	1.000	2.000	1.000	2.000	1.000

Wednesday 02/19/2025

WG Biscuit & Tk. Patty Sandwich

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991384	WG Biscuit & Tk. Patty Sandwich	2oz		1.000	2.000	3.000			2.000
991773	V-WG Biscuit & Veggie Patty Sandwich	28 gr		1.000	1.000	2.000			1.000
990949	V/VG- Jelly	14 gr							
991006	Banana - 1 cup (2 Bananas)	2 Bananas					1.000		
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
231	MILK,Skim	8 fl. oz.						1.000	
Total				2.000	3.000	5.000	1.000	2.000	3.000

Thursday 02/20/2025

WG Waffles

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
992212	V/VG- Sweet Potato Waffles	serving			1.750	1.750			1.750
991123	Syrup Maple SS Sugar Free	32 gr							
90	PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total					1.750	1.750	1.000	2.000	1.750

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Meal Group Contribution Report

The Children's Guild- DC - K-8 Grade- Breakfast

HHFKA-Breakfast-K-8 (age 5-13)

Friday 02/21/2025

WG Muffin

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991382	V-Chocolate Chip Oatmeal Muffin	serving			1.000	1.000			1.000
991059	Cranberry Apple Juice (1 cup- 2 juices)	2 HC					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total					1.000	1.000	1.000	2.000	1.000

Monday 02/24/2025

Turkey Sausage Pancake on a Stick

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991379	Pancakes & Turkey Sausage on a Stick	2.5 oz		1.000	1.000	2.000			1.000
991777	V- Veggie Patty & WG Pancakes	1 serving		1.000	2.000	3.000			2.000
990919	Syrup Maple (ss)	42.5 gr							
307	APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total				2.000	3.000	5.000	1.000	2.000	3.000

Tuesday 02/25/2025

Pumpkin Carrot Breakfast Loaf

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991334	V- Pumpkin Carrot Breakfast Loaf	1 squares			1.750	1.750			1.750
90	PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total					1.750	1.750	1.000	2.000	1.750

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The Children's Guild- DC - K-8 Grade- Breakfast

HHFKA-Breakfast-K-8 (age 5-13)

Wednesday 02/26/2025

WG Bagel, Cream Cheese & Jelly

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
992021	V-WG Bagel (IW) & Cream Cheese & Jelly	serving			2.250	2.250			2.250
990708	Fruit Punch, Juice - (1 Cup - 2 juices)	(2 HC)					1.000		
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
231	MILK,Skim	8 fl. oz.						1.000	
Total					2.250	2.250	1.000	2.000	2.250

Thursday 02/27/2025

WW Waffle & Chicken Patty

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
992806	WW Waffle & Chicken Patty	1 Waffle/1Patty		1.000	1.000	2.000			1.000
992807	V- WW Waffle & Veggie Patty	1 Waffle/1Patty		1.000	1.000	2.000			1.000
991693	Honey, (ss) Pouch	9 gr							
992551	TANGERINES,FRESH - (1 cup - 2 Tangerines)	2 (150ct p/cs)					1.000		
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
231	MILK,Skim	8 fl. oz.						1.000	
Total				2.000	2.000	4.000	1.000	2.000	2.000

Friday 02/28/2025

Pizza w/Hash-brown Crust

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991528	Breakfast Pizza w/ Hashbrown Crust	serving		1.000	1.000	2.000			1.000
992240	V/VG- Breakfast Pizza w/ Hashbrown Crust	serving	1.000		1.000	1.000			1.000
991006	Banana - 1 cup (2 Bananas)	2 Bananas					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total			1.000	1.000	2.000	3.000	1.000	2.000	2.000

	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
Grand Total	1.000	13.500	31.500	45.000	18.000	36.000	31.500