



Milk, grain, fruit, vegetables,
meat or meat alternative

LUNCH

Spring/Early Fall - LUNCH
The Children s Guild DC - K - 8 Lunch



Menu subject to change. For any feedback please
contact us directly at menu@luncherasdisi.com

Monday	Tuesday	Wednesday	Thursday	Friday
04/07/2025 Turkey Taco Rice w/Corn Red & Gr. Peppers Meatless Taco Rice w/Corn Red & Gr. Peppers (V/VG) Sour Cream (ss) Apples Choice of Milk	04/08/2025 Cheese Lunch Pizza w/ Chicken & Beef Pepperoni Cheese Lunch Pizza (V) Roasted Potatoes & Sweet Potatoes Fresh Tangerines Choice of Milk	04/09/2025 One-Pan Turkey WG Macaroni & Cheese Veggie Macaroni (V) Broccoli Florets Fruit Punch Juice Choice of Milk	04/10/2025 Chicken Enchiladas Black Bean Dip Sour Cream (ss) Bananas Choice of Milk	04/11/2025 Turkey Mozzarella WG Burger Vegan Burger (V/VG) Romaine, Tomato and Cucumber Salad Ketchup (ss) Fresh Oranges Choice of Milk
04/14/2025 NO SCHOOL TODAY	04/15/2025 NO SCHOOL TODAY	04/16/2025 NO SCHOOL TODAY	04/17/2025 NO SCHOOL TODAY	04/18/2025 NO SCHOOL TODAY
04/21/2025 NO SCHOOL TODAY	04/22/2025 Beef Burger & WG Bun Vegan Burger (V/VG) Roasted Potatoes & Broccoli Medley Ketchup (ss) Bananas Choice of Milk	04/23/2025 Chicken Burrito Bowl w/Black Beans & Corn Veggie Burrito Bowl w/ Black Beans & Corn (V/VG) Sour Cream (ss) Grape Juice Choice of Milk	04/24/2025 Chicken & Tk. Bacon WG Pasta w/Tomato & Spinach Chicken Meatless WG Pasta w/Tomato & Spinach(V) Fresh Pears Choice of Milk	04/25/2025 BYO Turkey Nachos w/ Corn Tortilla Chips BYO Meatless Nachos Pico de Gallo w/ Tomatoes & Onions Sour Cream (ss) Apples Choice of Milk
04/28/2025 Turkey Bolognese WG Pasta w/Parmesan Veggie Bolognese WG Pasta w/Parmesan Apples Choice of Milk	04/29/2025 Breaded Chicken Nuggets Veggie Nuggets w/ WG Roll (V/VG) WG Biscuit Sweet Creamy Coleslaw BBQ Sauce (ss) Grape Juice Choice of Milk	04/30/2025 Turkey Ham Fried Rice w/ Green Peas & Carrots Turkey Ham Fried Rice w/ Green Peas & Carrots Diced Peaches Choice of Milk	05/01/2025 Turkey Meatballs WG Sub. w/Cheese Veggie Meatballs WG Submarine (V/VG) Sauteed Green Collards Bananas Choice of Milk	05/02/2025 WG Cheese Pizza (V) Kale & Mixed Beans Salad Fresh Strawberries Choice of Milk

Available Choice of Milk: Unflavored 1% milk, unflavored skim milk, Lactose Free or Soy (Upon Request)

**** Denotes meals only for K to 8th**

Locally Grown Components Daily Served:

According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA), Cucumbers (PA, NY,NJ), Romaine Lettuce (PA), Spinach (NY/NJ/NC/VA/MD), Peppers (PA/NJ), Squash (PA/MD), Kale (MD), Mushrooms (PA), Broccoli (PA), Cabbage (PA/NY/NJ), Potato (DE/PA), Collards Green (NC), Kale (MD/NC), Squash , Cabbage,Onions (VA/MD), Sweet Potato (NC).

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat