



Milk, grain, fruit, vegetables,  
meat or meat alternative

**LUNCH**



Menu subject to change. For any feedback please  
contact us directly at [menu@luncherasdisi.com](mailto:menu@luncherasdisi.com)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>12/01/2025</b> One-Pan Turkey WG Macaroni & Cheese Veggie Macaroni (V) Fresh Spinach Salad Cranberry Juice Choice of Milk	<b>12/02/2025</b> WW Chicken Fajitas w/Green Peppers Ck. Meatless Fajita(V/VG) Corn Pico de Gallo Sour Cream (ss) Fresh Oranges Choice of Milk	<b>12/03/2025</b> Turkey Breast & Provolone Cheese WW Sandwich Provolone WW Sand. (V) Kale Salad w/ Cucumber & Tomatoes (V/VG) Bananas Choice of Milk	<b>12/04/2025</b> Cranberry Turkey Chili over Brown Rice Cranberry Plant Based Chili & Brown Rice (V/VG) Fresh Pears Choice of Milk	<b>12/05/2025</b> Golden Crispy Chicken Tenders WG Roll Breaded Veggie Tender w/ WG Roll (V/VG) Potato Tater Tots Steamed Carrots Ketchup (ss) Apples Choice of Milk
<b>12/08/2025</b> Turkey Meatballs w/ Brown Rice & Bk. Beans Veggie Meatballs w/ Brown Rice & Beans (V/VG) Apples Choice of Milk	<b>12/09/2025</b> WG Breaded Mozzarella St. Marinara Sauce (ss) Roasted Sweet Potatoes & Cauliflower Fresh Tangerines Choice of Milk	<b>12/10/2025</b> Chicken & Tk. Bacon WG Pasta w/Tomato & Spinach Chicken Meatless WG Pasta w/Tomato & Spinach(V) Fresh Pears Choice of Milk	<b>12/11/2025</b> Cheese Beef Burger & WG Bun Vegan Burger (V/VG) Roasted Potatoes & Broccoli Medley Ketchup (ss) Fruit Punch Juice Choice of Milk	<b>12/12/2025</b> Turkey Taco Rice w/Corn Red & Gr. Peppers Meatless Taco Rice w/Corn Red & Gr. Peppers (V/VG) Bananas Choice of Milk
<b>12/15/2025</b> WG Spaghetti & Beef Meatballs WG Spaghetti & Veggie Meatballs Apples Choice of Milk	<b>12/16/2025</b> Turkey Hot Dog & Vegetable Chili Grilled Cheese Sand. (V)* Roasted Cauliflower Fresh Pears Choice of Milk	<b>12/17/2025</b> Fiesta Brown Rice Chicken w/ Corn, G. Peas & Carrot Br. Rice Chicken Meatless Corn,G. Peas &Carrot(V/VG) Bananas Choice of Milk	<b>12/18/2025</b> Chicken Philly Sub w/ Green Peppers Veggie Philly Sub (V/VG) Garlic Roasted Potatoes Grape Juice Choice of Milk	<b>12/19/2025</b> WG Cheese Pizza (V) Kale Salad w/ Cucumber & Tomatoes (V/VG) Fresh Tangerines Choice of Milk
<b>12/22/2025</b> NO SCHOOL TODAY	<b>12/23/2025</b> NO SCHOOL TODAY	<b>12/24/2025</b> NO SCHOOL TODAY	<b>12/25/2025</b> NO SCHOOL TODAY	<b>12/26/2025</b> NO SCHOOL TODAY
<b>12/29/2025</b> NO SCHOOL TODAY	<b>12/30/2025</b> NO SCHOOL TODAY	<b>12/31/2025</b> NO SCHOOL TODAY	<b>01/01/2026</b> NO SCHOOL TODAY	<b>01/02/2026</b> NO SCHOOL TODAY

**Available Choice of Milk: Unflavored 1% milk, unflavored skim milk, Lactose Free or Soy (Upon Request)**

**Locally Grown Components Daily Served:** According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA/WV), Carrots (MD, PA, NC), Sweet Potatoes (NC), Collards Green (NJ), Potatoes (PA/VA), Spinach (NC, VA, MD, VA), Cauliflower (VA), Cucumber (MD)

**Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.**

**WG = Whole Grain WW = Whole Wheat \*\*=Served only for K to 8 meals**