

Spring/Early Fall - LUNCH
The Children's Guild DC - K - 8 Lunch



Milk, grain, fruit, vegetables,
meat or meat alternative

LUNCH



Menu subject to change. For any feedback please
contact us directly at menu@luncherasdisi.com

Monday

08/17/2026

Creamy Turkey Lasagna
Rollup w/Alfredo Sauce
Creamy Veggie Lasagna
Rollup w/Alfredo Sauce(V)
Roasted Eggplant
Fresh Tangerines
Choice of Milk

Tuesday

08/18/2026

Cheesy Turkey Taco Rice
w/ Black Beans & Corn
CHZ Veggie Taco Rice w/
Black Beans & Corn (V/VG)
Hot sauce (ss)
Applesauce Strawberry
Choice of Milk

Wednesday

08/19/2026

DC Mambo Chicken
WW Dumplings Blast
DC Mambo Tofu Bites
& Brown Rice (V/VG)
Sweet Steamed Broccoli
Apples
Choice of Milk

Thursday

08/20/2026

Teriyaki Beef Meatballs
Teriyaki Veggie
Meatballs (V/VG)
WG Roll
Honey-Glazed
Carrots & Green Beans
Bananas
Choice of Milk

Friday

08/21/2026

Cheese Beef Burger
& WG Bun
Vegan Burger (V/VG)
Power up your burger
Potatoes & Sw. Potatoes
Ketchup (ss)
Mustard, Yellow SS Pouch
Fresh Oranges
Choice of Milk

08/24/2026

Golden Crispy Chicken Tenders
Breaded Veggie Tender
w/ WG Roll (V/VG)
Southern Sweet Potato
Boom Boom Sauce Cup (V)
Cranberry Juice
Choice of Milk

08/25/2026

Chicken & Cheese WW Quesadilla
Veggie WW Quesadilla (VG)
Black Bean, Corn
& Tomato Salad
Hot sauce (ss)
Fresh Oranges
Choice of Milk

08/26/2026

Greek Tk. Meatballs
& Brown Rice Power Bowl
Greek Veggie Meatballs &
Brown Rice Power Bowl(V)
Roasted Broccoli & Carrot
Fresh Tangerines
Choice of Milk

08/27/2026

Baked Chicken WG Penne
Pasta w/ Zucchini
Baked Chicken Meatless
WG Pasta w/Zuch. (V/VG)
Apples
Choice of Milk

08/28/2026

Stuffed Crust Ch. Pizza
w/Chk. & Beef Pepperoni
Stuffed Crust Pizza
w/ Cheese (V)
Kale Salad w/ Cucumber
& Tomatoes (V/VG)
Fresh Pears
Choice of Milk

Available Choice of Milk: **Unflavored 1% milk, unflavored skim milk, Lactose Free or Soy (Upon Request)**

** Denotes meals only for K to 8th

Locally Grown Components Daily Served: **According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu**

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat

Aug 12, 2026