

Luncheras Di Si

Meal Group Contribution Report

The Children's Guild DC - K - 8 Lunch

HHFKA-Lunch-K-8 (age 5-13)

Monday 08/17/2026

Creamy Turkey Lasagna

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993005	Creamy Turkey Lasagna Roll up w/Alfredo Sauce	3.5 oz (1 roll)	2.750	1.000				1.000					
993273	Rosted Eggplant OT:3/4 cup	3/4				0.750							0.750
992899	TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.750	1.000	0.500	0.750	2.000	1.000					0.750

Tuesday 08/18/2026

Cheesy Turkey Taco Rice Bowl

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993236	Cheesy Turkey Taco Rice Bowl L:1/2 S:1/4	serving	2.250	2.000		0.750		2.000			0.500	0.250	
993169	Hot Sauce	7 gr											
993280	Unsweetened Applesauce Strawberry	4.5 oz			0.500								
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
231	MILK,Skim	8 fl. oz.					1.000						
Total			2.250	2.000	0.500	0.750	2.000	2.000			0.500	0.250	

Wednesday 08/19/2026

DC Mambo chicken Dumplings

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993238	DC Mambo Chicken Dumplings	6 dumplings	2.000	2.000				2.000					
993240	Sweet Steamed Broccoli DG:3/4	3/4 CUP				0.750			0.750				
990398	APPLES - Half Cup (100-134 ct)	1/2 cup			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	0.750	2.000	2.000	0.750				

Luncheras Di Si

Meal Group Contribution Report

The Children's Guild DC - K - 8 Lunch

HHFKA-Lunch-K-8 (age 5-13)

Thursday 08/20/2026

Teriyaki Beef Meatballs

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993233	Teriyaki Beef Meatballs	5 meatballs	2.250										
991056	VG/DF - WG Roll	32 gr		1.000				1.000					
993235	Glazed Carrots & Green Beans R:1/2 OT:1/4	3/4 cup				0.750				0.500			0.250
991007	Banana - 1/2 cup (150 ct - 1 Banana)	1/2 cup			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.250	1.000	0.500	0.750	2.000	1.000		0.500			0.250

Friday 08/21/2026

Burger

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
990548	Cheese Beef Burger -	serving	2.500	2.000				2.000					
993243	Power up(Lettuce leaf,tomato, pickle, onions,mayo)	serving											
992476	Roasted Potatoes & Sweet Potatoes -S:1/2, R:1/4	3/4 cup				0.750				0.250		0.500	
222	KETCHUP: individual	9 gr											
991497	MUSTARD, YELLOW SS POUCH	5.5 gr											
991025	ORANGES - (1 orange113-125 ct)- 1/2 cup	1 orange			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.500	2.000	0.500	0.750	2.000	2.000		0.250		0.500	

Luncheras Di Si

Meal Group Contribution Report

The Children's Guild DC - K - 8 Lunch

HHFKA-Lunch-K-8 (age 5-13)

Monday 08/24/2026

Chicken Tenders

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
992450	Golden Crispy Chicken Tenders	3 tenders	2.000	1.000				1.000					
993258	Southern Sweet Potato - R: 3/4 cup	3/4 cup				0.750				0.750			
993232	V- Boom Boom Sauce (ss)	1oz											
990703	Cranberry Apple Juice 1/2 cup	4 oz fl			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	1.000	0.500	0.750	2.000	1.000		0.750			

Tuesday 08/25/2026

Chicken & Cheese Quesadilla

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993230	Chicken & Cheese WW Quesadilla	125 gr (2 pc)	2.000	2.000				2.000					
993050	Black Bean and Corn Salad - L:1/2, S:1/2	1 cup				1.000					0.500	0.500	
993169	Hot Sauce	7 gr											
991025	ORANGES - (1 orange113-125 ct)- 1/2 cup	1 orange			0.500								
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
231	MILK,Skim	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	1.000	2.000	2.000			0.500	0.500	

Wednesday 08/26/2026

Greek Turkey Meatballs

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993261	Greek Tk. Meatballs & Brown Rice Power Bowl	serving -4 (MB)	2.000	2.000				2.000					
990728	Roasted Broccoli & Carrots DG: 1/2, R:1/4	3/4 cup				0.750			0.500	0.250			
992899	TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	0.750	2.000	2.000	0.500	0.250			

Luncheras Di Si

Meal Group Contribution Report

The Children's Guild DC - K - 8 Lunch

HHFKA-Lunch-K-8 (age 5-13)

Thursday 08/27/2026

Baked Chicken Penne Pasta

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
991095	Baked Chicken Penne Pasta R:1/2, Ot: 1/4	3/4 cup	2.000	2.000		0.750		2.000		0.500			0.250
990398	APPLES - Half Cup (100-134 ct)	1/2 cup			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	0.750	2.000	2.000		0.500			0.250

Friday 08/28/2026

Chicken & Beef Pepperoni Pizza

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993263	Stuffed Crust Pizza w/Cheese & Pepperoni	137 gr/5peppero	2.000	2.000		0.125		2.000		0.125			
990720	Salad, Kale, Cucumber, Tomato DG:1/4, OT:1/4.R:1/4	3/4 cup				0.750			0.250	0.250			0.250
310	PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	0.875	2.000	2.000	0.250	0.375			0.250

	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg Lentils cup	Veg Starchy cup	Veg Other cup
Grand Total	21.750	17.000	5.000	7.875	20.000	17.000	1.500	2.625	1.000	1.250	1.500